

Family CookOut

With Chef Maxine Knight



Journey to the Caribbean in this virtual storytelling with recipe demonstration workshop featuring Chef Maxine Knight, RHN. In this workshop, Chef Maxine will walk us through making a Bajan “Soup with Dumplings” as we dive into the origins of the provision grounds and its historically connection to slavery in the West Indies.



Date: **Friday, February 25, 2022**
Time: 6:30 p.m. - 7:30 p.m.
Location: Zoom (link to be provided prior to event)

Register Now! <https://bit.ly/MaxineKnight>

